

Product Catalog



The Company





The Food Seller (TFS) is a Company engaged in selling, distributing and marketing of food products from India to the world. TFS is the brainchild of Rahul Bhagat who loves Indian food and has an experience of more than 25 years in the field. Rahul, as he is popularly known, intends to bring the best quality Indian food one step closer to all the Indians and local population living around the world.

TFS buys from local manufacturers in India, who follow our stringent quality controls, and has made arrangements with retailers across major markets in the USA, Europe, Far East, Middle East and India. We deal with distributors & retailers and medium & small food stores. We have 300+ outlets in India and the USA. We choose and supply delectable delights from India to over 500 stores worldwide.

We are located in Mumbai, the food capital of India and also in Gurgaon, NCR. Both our offices and warehouses are strategically located near the International airport and main CBD areas. We are equipped with the latest communication facilities and employ a team of experienced and qualified people to look after various divisions of our business.

Our Range Of Products





Our products give you a taste of fresh home cooked food which is purest & natural. All our products ensure "Just-Cooked" freshness & are made in fully hygienic environment. **TFS** is an FSSAI certified Company dedicated to maintain stringent quality standards of various countries. Currently, we sell and distribute the following products:

Cooking Pastes

Our range of pastes offer a taste of flavors and help in quick and easy cooking of delicious dishes. The 7 variants when added, bring out the fresh taste of spices and condiments to give a rich flavor to the dish.

Pre-mixed Ready To Cook Masalas

The purest ingredients are "Pounded to Perfection" to help in preparing restaurant quality dishes. All

RTCM's are pure & free from artificial preservatives, chemicals and are certified "Gluten Free".

Forest Honey with Bee Pollen

Honey is a natural sweetener & a health substitute for sugar. Bee pollen is the richest source of vitamins.

<u>Farsaans</u> are tasty vegetarian snacks from Gujrat, India served anytime.



And more.....

Our Products - Cooking Pastes



Our range of pastes offer a taste of flavors and help in quick and easy cooking of delicious dishes. The Seven variants when added, bring out the fresh taste of spices and condiments to give a rich flavor to the dish.

Kasmiri Red Chilli

Kashmiri Red Chilli paste is pure & rich in color & made from the finest quality Red Chillies. It is less pungent and adds color to the Shahi Gravies and Curries.

Available in easy to store 200 gm glass bottles.





Green Chilli

It is an ingredient that adds fiery flavor to any dish. It makes your cooking convenient and easy. Contains No added flavor.

Available in easy to store 200 gm glass bottles.

Brown Onion Paste

It makes delicious dishes without leaving behind the taste of raw onion. It saves you from pungent smell and tears in eyes of cutting raw onions. Cooking becomes easy and effortless.

Available in easy to store 200 gm glass bottles.



Our Products - Cooking Pastes



Tamarind Paste

Tamarind Paste is derived from the tamarind fruit & made into a ready to use cooking paste. It is an ideal ingredient to add sweet and sour taste to the dish.

Available in easy to store 200 gm glass bottles.

Garlic Paste

Prepared from fresh Garlic it is one of the essential ingredients of daily cooking. It saves time and adds flavor to Indian & Continental dishes.







Ginger Paste

It brings the awesome flavor of fresh Ginger to your Curries and vegetables. It is just like the ginger at home but in a ready to cook paste.

Available in easy to store 200 gm glass bottles.

Ginger and Garlic Paste

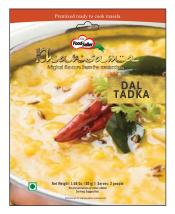
Made in a traditional way, it combines the freshness of both fine Ginger and Garlic. It adds flavor and premium taste to your dishes. Best with Chicken Tandoori, Channa Masala, Matar Paneer and all kinds of Indian Curries.

Available in easy to store 200 gm glass bottles.



Our Products - Ready To Cook Masalas

The purest ingredients are "Pounded to Perfection" to help in preparing restaurant quality dishes. Our **Ready To Cook Masalas** are pure & free from artificial preservatives, colors and are certified "Gluten Free".



Dal Tadka

Dal is a staple in Indian food. Dal Tadka is one of the most popular dal recipe served in Indian households. Basically, Dal Tadka are cooked lentils which are lastly tempered with oil or ghee fried spices & herbs. This can be enjoyed with jeera rice.

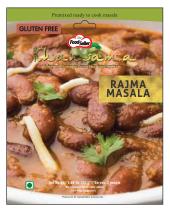
Available in easy to store 60 gms & 30 gms packs.

Dal Makhani

Dal Makhani is a popular dish from the Punjab region of the Indian subcontinent. The primary ingredients are whole black lentil (urad), red kidney beans (rajma), butter and cream. The dish gets its richness from the use of cream, but it can also be prepared with yogurt, milk or no dairy. Can be enjoyed with roti (Indian Breads) and rice.



Available in easy to store 60 gms & 30 gms packs.



Rajma Masala

Rajma Masala is a popular vegetarian dish, originating from the Indian subcontinent, consisting of red kidney beans in a thick gravy with many Indian spices and usually served with rice. The dish developed after the red kidney bean was brought to the Indian subcontinent from Mexico. Rajma served with boiled rice, is a popular dish worldwide.

Available in easy to store 60 gms & 30 gms packs.

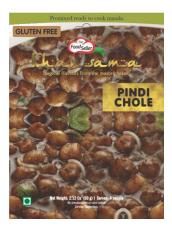
Mutter Paneer

Mutter Paneer is the classic vegetarian dish from the Indian Household. It is a delicious Curry of Peas with chunky Cottage Cheese and is a great North Indian cuisine. Served with Breads like Naan, Laccha Prantha, Roti or Jeera Rice.

Available in easy to store 60 gms & 30 gms packs.



Our Products - Ready To Cook Masalas



Pindi Chole Masala

A popular main course vegetarian dish from the Punjabi Indian cuisine. It is made from the finest blended pure spices to give you a mouth watering and amazing taste. A regular dish of every home it is served with Rice/Roti/Poori or Bhatura with rings of onions.

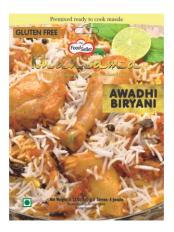
Available in easy to store 60 gms & 30 gms packs.

Butter Chicken Masala

Butter Chicken Masala is a tomato based Curry extremely popular across the world for all seasons. The taste of the creamy bright color Curry with chunks of chicken is unforgettable. It can be cooked at home with utmost ease.







Awadhi Biryani

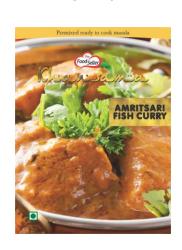
It is known as the food of the Royals from Awadh in Northern India with lip smacking taste. The Biryani includes Rice and Chicken and/or Vegetables cooked to perfection and served with yogurt and onions.

Available in easy to store 60 gms & 30 gms packs.

Amritsari Fish Curry

Named after the city where it originated Amritsari Fish Curry is a delicious fish fillet with rich gravy. This is famous all across the world. The fish is soft and moist which literally melts in the mouth and is served with steamed Rice.

Available in easy to store 60 gms & 30 gms packs.



FROZEN FOODS

The Food Seller brings to you a wholesome range of quick and convenient frozen food options that work to maximize your productiveness on any day. Being scientifically proven that frozen foods are nutritionally as beneficial as freshly cooked food.

The Food Seller ensures that the nutritional value of the food is preserved to its best. The Food Seller frozen foods are easily available through all seasons and can be availed as frozen vegetables, frozen fruits, fruit pulps and ready-to-eat snacks.

Frozen Vegetables

GREEN PEAS



Extracted from tender, green pods and frozen to retain freshness.

PACKING



...... 200g, 500g, 1kg, 2.5kg 30kg bags Pouch.....

MIX VEG.



Ready-to-cook mix of assorted vegetables, a bowlful of delight.

PACKING



500g, 1kg 30kg bags

FRENCH BEANS CUT



Crisp, long beans preserved carefully for their natural taste and colour.

PACKING

Pouch	500g, 1kg
Bulk	30kg bags

BROCCOLI



The flowering crest of a cabbage, broccoli is rich in Vit. K and Vit. C.

PACKING

Pouch	.500g, 1kg
Bulk	30kg bags

BABY CORN



Sweet and crisp, high-fibre baby corn tastes scrumptious in all dishes.

PACKING

Pouch	500g, 1kg
Bulk	30kg bags

CAULIFLOWER



With several health benefits, the florets are fresh-tasting and nutritive.

PACKING

Pouch	500g, 1kg
Bulk	. 25kg bags

POTATO



Frozen potatoes that taste equally good when baked, roasted or mashed.

PACKING

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Pouch	As per requirement
Bulk	30kg bags

SWEET CORN



Delicious, juicy maize seeds, preserved to perfection.

PACKING

Pouch.....200g, 500g, 1kg, 2.5kg

GREEN CHHOLIYA



High in proteins and flavourful, chickpeas can be used for salads and curries.

PACKING

Pouch	500g, 1kg
Bulk	30kg bags

CARROT



Frozen carrots for a crunchy, low calorie addition to every meal.

Pouch	500g, 1kg, 5kg	
Bulk	30ka baas	

Frozen Fruits & Fruit Pulps

PAPAYA (CHUNKS & DICES)



The finest quality of the tropical fruit, cut into smaller pieces to be savoured any time.

PACKING

Pouch	200g, 1.2kg
Bulk As pe	er requirement

GUAVA PULP



Naturally ripened guava pulp, free from any additives is also helpful to improve blood circulation and strengthen the heart.

PACKING

Pouch		. 200g,	1.2kg
Bulk	As per	require	ement

STRAWBERRY PULP



Brighten up the taste and nutrient value of any meal with rich in Vitamin C strawberry pulp.

PACKING

Pouch	200g,	1.2kg
Bulk As per	require	ement

ALPHONSO MANGO (SLICES, CUBES, DICES & CHUNKS)



'The King of Fruits', frozen to preserve its goodness and the taste we all die for

PACKING

Pouch	200g,	1.2kg
Bulk As per	require	ement

PINEAPPLE PULP



Relish the vibrant, tropical flavour of Pineapple pulp, which is high in Vit. - C and energy.

PACKING

Pouch	200g,	1.2kg
Bulk As per	require	ement

LITCHI PULP



The tangy pulp of this exotic fruit can be the best way to refresh you on a hot summer's afternoon.

PACKING

Pouch		200g,	1.2kg
BulkAs p	per	require	emen

BLACKBERRY PULP



Sweet and luscious, the pulp of blackberries can be your quick fix whenever in mood for something nice.

PACKING

Pouch	. 200g,	1.2kg
Bulk As per	require	ement

PAPAYA PULP



Make your dessert/juice healthy by adding a dash of papaya pulp to it, enjoy the musky flavour at the same time.

PACKING

Pouch	200g,	1.2kg
Bulk As pe	r requir	ement

STRAWBERRY-FRESH & HALVES



Juicy, sweet and aromatic, the strawberries are preserved to retain its natural qualities and nutrients.

PACKING

Pouch	200g,	1.2kg
Bulk As per	require	ement

RASPBERRY PULP



Frozen pulp made out of hand-picked, plump berries is ideal for making smoothies or whatever you fancy.

PACKING

Pouch	200g,	1.2kg
Bulk As per	requir	emen

ALPHONSO MANGO PULP



Rich, creamy and tender; the pulp of mangoes can now be enjoyed in every season than just summer.

PACKING

Pouch	. 200g,	1.2kg
BulkAs per	r requir	ement

JAMUN PULP



Loaded with nutrients, Jamun has been used to treat diabetes since a long time, so a smoothie/ shot can do you good.

PACKING

THORITO			
Pouch		200g,	1.2kg
Rull	As nor	require	amon

CUSTARD APPLE PULP



A fleshy tropical fruit, this fruit is a rich source of antioxidants and helps fight free radicals and heart problems.

PACKING

Pouch	200g, 1.2kg
Bulk	As per requirement

ORANGE PULP



Orange is known to be a power food, having a lot of important nutrients and being a strong regulating agent for blood pressure.

PACKING

Pouch	200g, 1.2kg
	. As per requirement

Ready-to-eat Snacks

PUNJABI SAMOSA



With a mouth-watering filling of potatoes, the Samosas go perfectly with your hot tea.

PACKING

Pouch	200g, 2.5kg
Bulk	10kg carton

ALOO TIKKI



A crisp core with a filling of boiled potatoes and spices, Aloo Tikki is a real treat for the taste buds.

PACKING

Pouch	
Bulk	10kg carton

SPRING ROLLS



So appetizing, so yummy; just remove from the freezer, fry and they're all yours.

PACKING

Pouch	360g, 1.2kg
Bulk	10kg carton

METHI PARATHA



A perfect one for people trying to find a balance between stuffed parathas and plain parathas.

PACKING

Pouch	. 360g, 1.2kg
Bulk	10kg carton

MULTIGRAIN PARATHA



Nutritious, tasty and healthy is best said about this range of parathas.

PACKING

1710111110	
Pouch	360g, 1.2kg
Rulk	10kg carton

ALOO PARATHA



Breakfast, lunch or dinner, this potato-centric wheat-made feast can be devoured at any time.

PACKING

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	Pouch	360g, 1.2kg
	Bulk	10kg carton

NAAN



One of the most popular breads of Indian cuisine, de-freeze and team it up with your curry or enjoy as is.

PACKING

Pouch	. 360g, 1.2kg
Bulk	10kg carton

FRENCH FRIES



Batons of deep fried potato, just pair with tomato ketchup and let them sizzle in your mouth.

PACKING

P	ouch	200g,	2.5kg
В	ulk	.10kg	carton

VEG. CUTLET



A pure veg, delicacy, this one is just the snack to satisfy all your hunger pangs.

PACKING

Pouch	.360g	, 1.2kg
Bulk		

CORN NUGGETS



Ready-to-make nuggets with a filling of corn and cheese, aren't they enough to get you drooling?

PACKING

Pouch	. 360g, 1.2kg
Bulk	10kg carton

PANEER NUGGETS



Fry in hot oil until golden and relish this cheese specialty till the last bite.

PACKING

Pouch	. 360g, 1.2kg
Bulk	10kg carton

PANEER DICES



Soft, white and crumbly, the cottage cheese dices will melt in your mouth.

PACKING

1710111110	
Pouch	360g, 1.2kg
Bulk	10kg carton

MIX VEG. PARATHA



A flatbread containing a mixture of vegetables and spices is a healthy ready-to-eat food option.

PACKING

Pouch	360g, 1.2kg
Bulk	10kg carton

GARLIC NAAN



Indian Naan infused with garlic and coriander, this one is not to be missed.

Pouch	360g, 1.2kg
Bulk	10kg carton



FREEZE DRIED FOODS

We all get those snack cravings at odd timings... don't we? The Food Seller have taken it upon ourselves to provide you a tasty and healthy solution to it!

Here's offering a wide range of Freeze Dried Foods, processed naturally by method dehydration, followed by freezing and then drying. This increases the shelf life of the food, while still preserving its nutrients to the best possible.

Come, join in the quest for a healthier you!

Our Products - Freeze Dried Foods

FREEZE DRIED FRUITS

SAPOTA



Flavourful and rich, it's a fruit that revitalizes the body with its energy.

	PACKING
1	Pouch 2
	Bulk

200g, 500g, 1kg, 2.5kg As per requirement

MANGO



Makes for a healthy replacement to sugar candy and after-food sweet cravings.

PACKING

Pouch	200g,	500g,	1kg, 2.5kg
Bulk	As	per re	auirement

PAPAYA



A crunchy yummy snack known for its high energy. Sweet and Satisfying
-That's what it is known to be!

PACKING

Pouch	200g,	500g, 1kg, 2.5kg
Bulk	As	per requirement

APPLE



Full of fibre, vitamins and minerals, apples make a crunchy snack and are often used in bakes as well.

PACKING

Pol	uch	200g,	500	g, 1kg	, 2.5kg
Bul	k	As	per	requir	ement

ORANGE



Crunchy and yummy, freeze dried oranges are sometimes preferred over the real oranges too.

PACKING

Pouch	200g,	500g,	1kg,	2.5kg
Bulk	As	per re	quire	ement

FREEZE DRIED VEGETABLES

All vegetables such as Green Peas, Corn, Mix Veg, Green Chholiya, French Beans, Carrot, Broccoli are available in the Freeze Dried Range of YUH Foods.

Pouch		20	0g, 500g	1kg
Bulk	As	per	requiren	nent

BANANA



A common, natural munchie loved by all. Also can be eaten with cereal and oatmeal.

PACKING

Pouch	200g,	500g,	1kg, 2.5kg
Bulk	As	per re	quirement

DATES



Powerhouse of vitamins and minerals, helps regain good health.

PACKING

Pouch	200g,	500g,	1kg, 2.5kg
Bulk	As	per re	quirement

PINEAPPLE



Rich in antioxidents and fibre, makes for a healthy treat.

PACKING

Pouch	200g,	500a,	1kg,	2.5k
Bulk		nor ro		

KIWI



A rich source of Vitamin C and potassium, the dried Kiwi is a wealth of nutrition.

PACKING

Pouch	200g,	500g,	1kg, 2.5kg
Bulk	As	per re	quirement

FREEZE DRIED HERBS

Amla, Aloe Vera, Neem, Stevia, Basil, Ginger, Turmeric, Garlic, etc are available under this range of YUH Foods.

PACKING

Pouch	200g, 500g 1kg
Bulk	As per requirement

FREEZE DRIED SPECIAL

ONION



Onions to all your favourite dishes.

What's more? They can be stored for longer than a year; and can be rehydrated along with preservation of all the health values that come along with it.

Pouch	200g,	500g,	1kg,	2.5kg
Bulk	As	per re	ou lire	men



DEHYDRATED FOODS

At The Food Seller we pride ourselves on giving you the healthiest food products that are available in the market. Dehydration is the world's oldest form of food preservation, with the added benefits of no preservatives, and a long lasting shelf life.

Our range of dehydrated foods comprise 100% natural food that is both tasty and nutritious!

Our Products - Dehydrated Food

DEHYDRATED FOOD

WHITE ONION



Dehydrated white onions are low on the glycemic index and are a good source of calcium, fibre, manganese and antioxidants.

PACKING

RED ONION



Rich in antioxidant vitamins, vitamin-C and manganese, pink onions low on the glycemic index and are a good source of fibre.

PACKING

GREEN CHILLI FLAKES



Dehydration sharpens the flavour of green chillies. They are rich in antioxidants and vitamin C and can lower blood sugar levels.

PACKING

CORN



Dehydrated corn has no cholesterol and is very low in saturated fat. It is rich in protein, antioxidants, Fibre, potassium, Vitamin B6, Magnesium, and Phosphorus.

PACKING

CORIANDER POWDER



Dehydrated coriander powder has high levels of Vitamin C, Vitamin K and protein. Coriander is also a wonderful source of dietary fibre.

PACKING

GINGER POWDER



Dehydrated ginger can add flavour to your food as well as relieve certain digestive issues. Add a pinch of it to your tea to give it an added kick!

PACKING

POTATO FLAKES



Dehydrated potato flakes are good for heart health and are a rich source of starch, vitamins, minerals and dietary fibre.

PACKING

PINK ONION



Rich in antioxidant vitamins, vitamin-C and manganese, pink onions low on the glycemic index and are a good source of fibre.

DACKING

GARLIC FLAKES



Flavourful and nutritious, dehydrated garlic is low in calories and very rich in Vitamin C, Vitamin B6 and Manganese.

PACKING

GREEN CHILLI POWDER



Dehydrated chilli powder adds a sharp, pungent taste to your food and is a good source of antioxidants and vitamin C.

PACKING

CORIANDER LEAVES



Dehydrated coriander leaves are rich in Vitamin C, Vitamin K and protein. Coriander is also a wonderful source of dietary fibre.

PACKING

GINGER FLAKES



Dehydrated ginger can be used to provide flavour in your food - and also to relieve digestive problems such as nausea, loss of appetite, motion sickness and pain. PACKING

CARROT FLAKES



Our Dehydrated carrot flakes are a good source of antioxidants and folates. Carrots are rich in vitamin A, Vitamin C, Vitamin K, vitamin B8 etc.

PACKING

ONION FLAKES



Dehydrated onion flakes are low on the glycemic index and are a good source of calcium, fibre, manganese and antioxidants.

ACKING

Our Products - Organic Food

ORGANIC PULSES

We can supply Certified Organic Pulses as per USDA NOP, India NPOP Organic standards of best quality & at competitive prices:

CHANA / BENGAL GRAM



Protein-rich Chana Dal that is commonly used to prepare curries, is grown in rich soils to enhance its nutrient value.

PACKING

Pouch	200g, 500g	1kg
Bulk	As per requirem	ent

KABULI CHANA / CHICKPEAS



Known for its high protein and mineral content, this chana is processed and dried under controlled conditions after being sourced from certified organic farms.

PACKING

Pouch	20	Og,	500g	1kg
Bulk As	per	rec	quiren	nent

MASOOR / RED LENTILS



The most frequently used Dal in India, high quality Masoor is cultivated using controlled organic farming practices.

PACKING

Pouch	200g, 500g 1kg
Bulk	As per requirement

TOOR DAL / SPLIT PIGEON PEA



Toor Dal, an important source of protein in the vegetarian diet, is handpicked to avoid any adulterants.

PACKING

Pouch	200g, 500g 1kg
Bulk	As per requirement

URAD / BLACK GRAM



Protein rich Urad Dal is a major ingredient of Indian cuisine, and is grown organically to increase its health benefits.

PACKING

Pouch	200g	500g	1kg
BulkAs	per rec	auiren	nent

MOONG / GREEN BEANS



Low in fat and rich in vitamins, calcium and potassium, green moong is used for preparing dal, curries, sweets and more.

PACKING

Pouch	200g, 500g 1kg
Bulk	As per requirement

RED KIDNEY BEANS / RAJMA



Whip up a delicious curry using fresh and healthy Rajma, produced without any additives.

PACKING

Pouch	200g, 500g 1kg
BulkAs	per requirement

Organic Jaggery

GUI



Gur is said to be a blood purifier, a solution to stomach and digestion problems and a lot more. With it being Organic and natural in nature, it adds up as a bonus, keeping you healthy, fit and fine.

PACKING

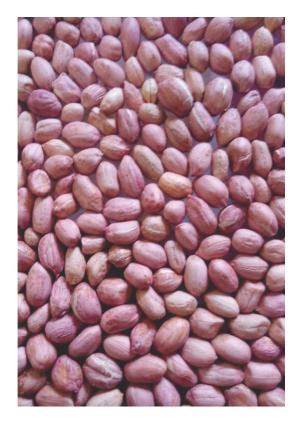
Pouch	100g, 250g, 1kg
Bulk	As per requirement

Organic Vegetables

All vegetables such as Green Peas, Corn, Mix Veg, Green Chholiya, French Beans, Carrot, Broccoli are available in the Organic Variety

Pouch	200g, 500g 1kg
Bulk	As per requirement

Our Products - Commodities



Peanuts - Java



Hulled Sesame



Peanuts - Bold



Soya Beans

Our Products - Roasted Dry Snacks

Mixed Nuts



Roasted Soya Bean



Roasted Mixed Nuts



Roasted Corn



Roasted Wheat

Our Products - Forest Honey with Bee Pollen



Forest Honey with Bee Pollen

It is pure, a natural sweetener and a health substitute for sugar and is one of the Nature's most complete nourishing food. It is Free from chemicals and contamination. The Food Seller Forest Honey with Bee Pollen is a rich source of vitamins found in Nature. It is rich in minerals and has strong antibacterial and antioxidant properties. It nourishes the nervous system and promotes digestive health, fights indigestion, strengthens the immune system and protects the body from heart diseases and cancer.

Available in sterilized PET bottle of 250 gms. and 500 gms.

























Contact Us



The Food Seller

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